

Men's Apparel

New Size & Fit Guide

Everything we do is by runners, for runners—each and every one. And we believe our clothes should simply fit well. We've updated our apparel sizing for our new Fall '15 collection. You'll find these are the most runner-friendly fits, regardless of your build. Whether you're new to Brooks (welcome!) or a long-time Brooks fan (thanks!), please review the new size chart below. Oh, and sizing on BrooksRunning.com is displayed in US sizes only.

Men's Body Measurements (inches)

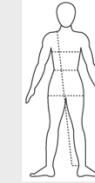
	XS	S	M	L	XL	XXL
chest	33-35	35-37	37-39	40-42	43-45	46-49
waist	28-30	30-32	31½-33½	34½-36½	37½-40	41-44
inseam	32	32	32	32	32	32
short inseam	30	30	30	30	30	30
tall inseam	34	34	34	34	34	34

Fit Descriptions

	Fitted:	Semi-Fitted:	Relaxed:
	Snug to the body throughout the garment.	Contoured to the body.	Drapes loosely on the body.
			
			

How to Measure

Bust/Chest:	With arms relaxed down at sides, measure fullest part of bust/chest, keeping tape parallel to the floor.
Waist:	Measure around your natural waistline; keep your measuring tape comfortably loose.
Hips:	Stand with heels together. Keeping tape straight and parallel to the floor, measure around fullest part.
Inseam:	Measure inside length of your leg from crotch to bottom of ankle.



Sock Sizing

Sock Size	US Men's Shoe Size	Euro Shoe Size
S	-	34-37
M	6-8.5	38-41
L	9-11.5	42-45
XL	12-14.5	46-49

Glove Sizing

Glove Size	Length from Palm to Fingertip
S	7.5" or less
M	7.5"- 8"
L	8"- 9"
XL	9" or larger