

# EBERLESTOCK USA

## GARMENT SIZE CHART



### MEN'S APPAREL - SIZE AND MEASURING GUIDE

(Measurements shown in inches\*).

	S	M	L	XL	XXL
<b>SLEEVE:</b>	33-34	34-35	35-36	36-37	37-38
<b>CHEST:</b>	35-38	39-41	42-45	46-48	49-52
<b>WAIST:</b>	28-30	31-33	34-36	37-40	41-44
<b>HIP:</b>	36-38	38-40	42-44	46-48	48-50
<b>INSEAM:</b>	28-30	29-32	32-34	32-34	33-34
<b>LONG INSEAM:</b>	--	33-35	34-36	34-36	--

\*All sizing is based on your body measurements.

Actual garment measurements vary according to style and fit type, for garment's intended fit and use.

#### ABOUT OUR FIT

- **TRIM FIT**  
Close-cut apparel that moves with the wearer.
- **REGULAR FIT**  
An athletic but loose fit for comfort in both technical and casual apparel.
- **LOOSE FIT**  
Over-layer garments, or loose-fit items designed for the wearer to move within.

#### How to measure:

**SLEEVE:** With elbow bent at 90 degrees, measure from the center of the back of your neck, over your shoulder, around your elbow to the middle of the back of your hand.

**CHEST:** With arms in a relaxed position at sides, measure circumference around the fullest part of your chest.

**WAIST:** Measure circumference around the narrowest point of your waist.

**HIP:** Measure circumference around the fullest point of your hip / seat.

**INSEAM:** Measure from your crotch to the point of your ankle bone.