

Vaquero Scramble

Directions:

1. Open pouch and remove oxygen absorber.
2. Prepare in pouch or other suitable container.
3. Add 1 cup (8 oz) boiling water to ingredients or fold / crease & fill pouch to "E-Z Fill Line" 5.
4. Stir thoroughly then seal pouch or cover.
5. Let stand 10 - 12 minutes; stir again & serve.

Ingredients: Precooked Scrambled Egg Curds Freeze Dried (Whole Eggs, Corn Starch, Salt, Citric Acid, Xanthan Gum), Potato, Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes & Annatto (coloring)], Sweet Whey, Carrot, Sour Cream (Cream Solids, Cultured Nonfat Milk) and Citric Acid, White Onion, Bell Pepper Red & Green Combo, Sea Salt, Green Chile Pepper, Black Pepper, Chives, Monterey Chili Powder (Chili Pepper, Spices, Salt, Garlic), Cilantro, Garlic Granulated.

Contains: Egg, Milk.

AlpineAire Foods 130 Cyber Ct. Rocklin, CA. 95765
Contains Bioengineered Food Ingredients
800.755.6701 info@alpineaire.com www.alpineaire.com
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Nutrition Facts

2 servings per container

Serving size

1/2 package (41g)

	Per Serving		Per Container	
Calories	200		390	
	% Daily Value ^a		% Daily Value ^a	
Total Fat	9g	12%	18g	23%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
Cholesterol	250mg	83%	500mg	167%
Sodium	380mg	17%	770mg	33%
Total Carbohydrate	17g	6%	34g	12%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	4g		8g	
Includes Added Sugars	0g	0%	0g	0%
Protein	12g		24g	
Vitamin D	1mcg	6%	3mcg	15%
Calcium	118mg	10%	236mg	20%
Iron	2mg	10%	4mg	20%
Potassium	644mg	15%	1288mg	25%

^aThe % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



0g TRANS FAT
PER SERVING



GLUTEN
FREE

