

LONG/TALL SIZE RECOMMENDATION: Our Long or Tall sizing is designed for people over 6' 2" (188 cm) tall. Overall our clothing is designed with a little extra length in the arms. You shouldn't need to compensate with that for normal sizing.

Bottoms

Waist	Inches	Centimeters
30	30-33	76-84
32	32-35	81-89
34	34-37	86-94
36	36-39	91-99
38	38-41	96-104
40	40-43	102-109
42	42-45	107-114

Tops

Size	Inches	Centimeters
X-Small	30-33	76-84
Small	34-37	86-94
Medium	38-41	96-104
Large	42-46	106-114
X-Large	47-49	117-124
XX-Large	50-53	127-135
XXX-Large	54-57	137-145