

Valid for: T-Shirts & Tank Tops, Tank Tops, Rash guards, Base Layer T-Shirts, Polo Shirts, Topwear



## HOW TO MEASURE

### 1. CHEST

Measure across the fullest part of the chest, keeping the measuring tape level.

Cm  Inches

	S	M	L	XL	XXL	XXXL
Chest	97	102	107	112	117	124
Waist	91	97	102	107	112	119
Hips	89	94	99	104	109	117

Cm  Inches

	S	M	L	XL	XXL	XXXL
Chest	38	40	42	44	46	49
Waist	36	38	40	42	44	47
Hips	35	37	39	41	43	46