SIZE	NUMERIC SIZE	ARM LENGTH	BUST/CHEST
xxs	00	29.5	32
xs	0-2	30.5	33-34
s	4-6	31	35-36
М	8-10	31.75	37-38
L	12-14	32.5	39-40
XL	16	33.25	41-43
XXL	18	33.5	43-45

SIZE	NUMERIC SIZE	ARM LENGTH	BUST/CHEST
xxs	00	74.9	81.3
xs	0-2	77.5	83.8-86.4
s	4-6	78.7	88.9-91.4
М	8-10	80.5	94-96.5
L	12-14	82.5	99.1-101.6
XL	16	84.6	104.1-109.2
XXL	18	85.1	109.2-114.3

Measuring Guide



- A. **Arm Length:** With your arms slightly bent, measure the center of your back neck, across your shoulder and down the outside of your arm to the wrist bone.
- B. **Bust/Chest:** Place the tape measure under your arms and across the fullest part of your bust then where bra band closure generally lands on your body.