

Women's Apparel Size Chart

Size	Chest	Waist	High Hip	Hip	Arm Length	Inseam
XS 2	32"-33" 81.5-84cm	24"-25" 61-63.5cm	31"-32" 78.5-81.5cm	35"-36" 81-91.5cm	27"-28" 68.5-71cm	29"-30" 73.5-76cm
S 4-6	34"-35" 86.5-89cm	26"-27" 66-68.5cm	33"-34" 84-86.5cm	37"-38" 94-96.5cm	28"-29" 71-73.5cm	30"-31" 76-78.5cm
M 8-10	36"-38" 91.5-96.5cm	28"-30" 71-76cm	35"-36" 89-91.5cm	39"-40" 99-101.5cm	29"-30" 73.5-76cm	31"-32" 78.5-81.5cm
L 12-14	39"-40" 99-101.5cm	31"-32" 78.5-81.5cm	37"-38" 94-96.5cm	41"-42" 104-106.5cm	30"-31" 76-78.5cm	32"-33" 81.5-84cm
XL 16	41"-42" 104-106.5cm	33"-34" 84-86.5cm	39"-40" 99-101.5cm	43"-44" 109-112cm	31"-32" 78.5-81.5cm	33"-34" 84-86.5cm
How to Measure	Measure under the arms, around fullest part of chest and back circumference.	Measure around natural waistline, keeping tape a bit loose.	Measure around high hip circumference approximately 3" below natural waistline.	Measure around the fullest part of hip circumference, parallel to the floor.	With elbow bent slightly, measure from center back of neck, across top of shoulder, to elbow and down to wrist bone.	Measure along inside leg from crotch to ankle bone. Or measure a good fitting base layer pant from crotch seam to bottom along seam.